

All staff and students are required to self-assess daily for symptoms. This form is to be completed by all staff initially and all students on their first day of training. MTI is requesting that all staff and students download the “BC COVID-19 Support” app and continue with daily self-assessments using the app. If one is unable to use the app for any reason, they are to complete self-assessments using the questions on this form.

**ASSESSMENT:**

1. Are you experiencing any of the following:

- **fever** ? YES / NO
- **chills**? YES / NO
- **cough**? YES / NO
- **shortness of breath**? YES / NO
- **sore throat / painful swallowing**? YES / NO
- **loss of sense of smell**? YES / NO
- **headache / fatigue**? YES / NO

2. Have you travelled to any countries outside Canada within the last 14 days?

YES / NO

3. Did you provide care or have close contact with anyone with confirmed COVID-19?

YES / NO

**\*\*IMPORTANT:** If your answer is “**YES**” to any of the preceding questions, you are not allowed to be present on the MTI premises. You are to follow the protocol recommended in the COVID-19 Self-Assessment and Resources at [www.HelathLinkBC.com](http://www.HelathLinkBC.com) or call 811 or your current health care provider for assistance.

**Declaration:**

I declare that:

- The information provided by me on this form is true and accurate.
- I will self-assess using the BC COVID-19 Support app every day that I will be attending MTI; if I do not have access to the app I will self-assess using MTI’s ‘COVID-19 Assessment Tool & Declaration’ form;
- I understand that if I have answered ‘Yes’ to any of the questions either on the BC COVID-19 Support app or MTI’s COVID-19 Assessment Tool & Declaration from I will not attend MTI and I will follow the procedure as listed above.
- I have been provided MTI’s COVID-19 Safety Plan and will adhere to the procedures at all times while on MTI premises for work, training or contract service work.

Date: \_\_\_\_\_

Name (please print): \_\_\_\_\_

Signature: \_\_\_\_\_